

# March 2024

## Muroc SD K-12 Breakfast Menu



**Kern County  
Superintendent of Schools**




*Advocates for Children*

Menu Subject to Change



This institution is an  
equal  
opportunity provider

All Bread/Grain Items  
Are Whole Grain

Monday		Tuesday		Wednesday		Thursday		Friday
								1 HONEY NUT CHEERIOS CEREAL APPLES, FRESH 1 EA JUICE MILK CHOICE
4 BANANA BREAD Whole Fruit 1 Ea JUICE MILK CHOICE		5 PAN DULCE APPLES, FRESH 1 EA JUICE MILK CHOICE		6 MINI APPLE BITES Whole Fruit 1 Ea JUICE MILK CHOICE		7 MINI CINNIS Whole Fruit 1 Ea JUICE MILK CHOICE		8 COCOA PUFFS CEREAL Whole Fruit 1 Ea JUICE MILK CHOICE
11 CRUMB CAKE ORANGES, FRESH 1 EA JUICE MILK CHOICE		12 SUNBUTTER SANDWICH APPLES, FRESH 1 EA JUICE MILK CHOICE		13 MINI FRENCH TOAST Whole Fruit 1 Ea JUICE MILK CHOICE		14 COCOA PASTRY APPLES, FRESH 1 EA JUICE MILK CHOICE		15 CINNAMON TOAST CRUNCH CEREAL APPLES, FRESH 1 EA JUICE MILK CHOICE
18 PAN DULCE Whole Fruit 1 Ea JUICE MILK CHOICE		19 STRAWBERRY POPTART MUFFIN APPLES, FRESH 1 EA JUICE MILK CHOICE		20 CINNAMON BUN Whole Fruit 1 Ea JUICE MILK CHOICE		21 GRAPE FILLED CRESCENT Whole Fruit 1 Ea JUICE MILK CHOICE		22 TRIX CEREAL Whole Fruit 1 Ea JUICE MILK CHOICE
25 STRAWBERRY BAGEL ORANGES, FRESH 1 EA JUICE MILK CHOICE		26 MINI CONFETTI PANCAKES APPLES, FRESH 1 EA JUICE MILK CHOICE		27 HONEY BREAKFAST BAR Whole Fruit 1 Ea JUICE MILK CHOICE		28 APPLE FRUDEL APPLES, FRESH 1 EA JUICE MILK CHOICE		29 HONEY NUT CHEERIOS CEREAL APPLES, FRESH 1 EA JUICE MILK CHOICE